

UPCOMING TRIP

Biltmore Estate & Asheville, NC Trip

April 2021

More information coming soon

PO Box 8629
Warner Robins , GA 31095
152 Maple Street
Warner Robins, GA 31093
Phone: 478-293-1066
Email: lmjones@wrga.gov

The Senior Activity Center is Non-Profit and is sponsored by the Warner Robins Parks and Recreation Department. All of our Programs and Activities are open to the public for anyone 50 years and up. There is no membership requirement.

Warner Robins Social Club: Meets 2nd & 4th Tuesday of the month,
9:30am-11:15am @ The Wellston Center, 155 Maple St.
President: Rosa Doggett—478-918-6590

***** At this time, Social Club is not meeting**

Ted Wright Social Club: Meets 2nd & 4th Thursday of the month,
9:00am-11:00am @ Ted Wright Park, 2841 Moody Road.
President: Bettye Marshall—478-733-8984

*****At this time, Social club is not meeting**

LMNO (Ladies & Men's Night Out): Friday, July 17, 2020 @ 5pm-8pm. The cost is \$4. Please bring a covered dish. Final day to sign up and pay is Wednesday, July 15, 2020.

AARP Drivers Safety Course

All scheduled AARP Smart Driver Safety classroom courses are CY 2020 have been cancelled. The AARP Smart Driver Online course is an alternative especially for those who need to renew their car insurance discount. Log-on to website:

Www.aarpdriversafety.org. Use Promo code: DRIVENSKILLS for the 25% discount good through December 31, 2020. Additional information call Don Tate, 478-396-9705.



JULY

America the Beautiful

O beautiful for spacious skies,
For amber waves of grain,
For purple mountain majesties
Above the fruited plain!
America! America!
God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!

O beautiful for pilgrim feet,
Whose stern, impassioned stress
A thoroughfare for freedom beat
Across the wilderness!
America! America!
God mend thine every flaw,
Confirm thy soul in self-control,
Thy liberty in law!

O beautiful for heroes proved
In liberating strife,
Who more than self their country loved
And mercy more than life!
America! America!
May God thy gold refine,
Till all success be nobleness,
And every gain divine!

O beautiful for patriot dream
That sees beyond the years
Thine alabaster cities gleam
Undimmed by human tears!
America! America!
God shed His grace on thee
And crown thy good with brotherhood
From sea to shining sea!

Classes Provided

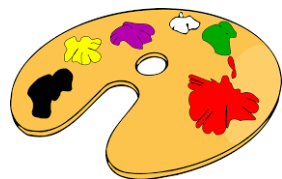
AEROBICS

Monday, Wednesday and Friday 9:00am-10:00am. This is a low impact aerobics class for seniors. Please call 293-1066 if you have any questions.



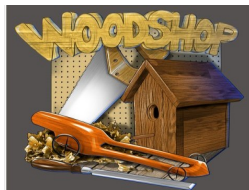
PRIME PAINTERS

Thursday from 1:30-4:00pm. Bring your own supplies.



WOOD WORKING

Monday, Tuesday, Wednesday & Friday- Open 8:30am-11:30am.



AARP DRIVER SAFETY COURSE

Has been cancelled for the remaining of 2020. Please see the information on the back for the online course.



CERAMICS

Tuesday and Friday from 10:30am till 4:00pm. Brushes and cleaning tools are available for purchase. Please call 293-1066 if you have any questions.



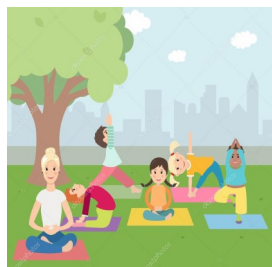
QUILTING

Wednesday at 10:00am-2:00pm. Bring your own scissors and thimble. Hand quilting done for the public. Quilts sold at the Senior Activity Center.



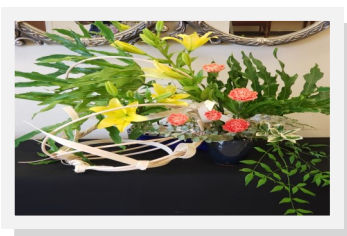
YOGA

Tuesday & Thursday 2pm-3pm. Cost \$5.00 per class. Gentle stretching, balance & breathing exercises to help with daily activities & lower blood pressure. Designed to improve posture and mood.



IKEBANA

Japanese Flower arranging, Monday from 2:00-4:00pm. For additional information contact Maria Muniz 922-1847 or Dee Boren 987-0493.



LINE DANCING

Beginners meet Wednesday from 1:00-2:00pm, cost is \$2.00. Advanced class meets Wednesdays from 2:30-4:00pm, cost is \$3.00. Please contact Julia Juarez 918-5635 for additional information.



SELF DEFENSE

Thursday 10:00am-11:00am. For additional information please contact Art O'Reilly at 786-423-5303.



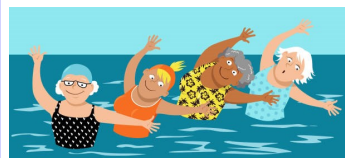
ALL ABOUT YARN

Thursday from 10:00am-12:00pm. Bring your own yarn, needles and/or hooks, we've added crochet and knitting back on the schedule!



WATER AEROBICS

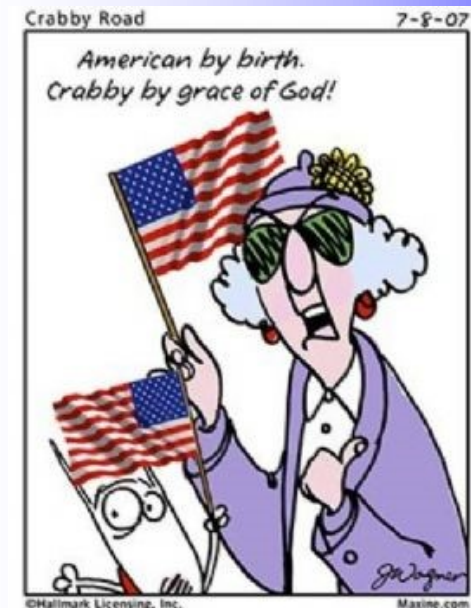
Monday, Tuesday, Thursday and Friday 9:00am-10:00am @ Fountain Park. Cost is \$25.00 per month. For additional information please contact Miranda Nelson 929-7254.



Location by Color

(Calendar on next page)

- SC - Senior Activity Center - 152 Maple Street
- TW - Ted Wright Park - 2841 Moody Road
- FP - Fountain Park - 614 Kimberly Road
- WC - Wellston Center - 155 Maple Street
- BT - Bus Trips



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9AM Aerobics 9AM Woodworking 10AM Quilting 10AM NARFE BD 1PM Line Dancing	2 10AM All About Yarn 10AM Self Defense 1:30PM Prime Painters 2PM Yoga	3 CLOSED 	4
5	6 9AM Aerobics 8:30AM Woodworking 2PM Ikebana	7 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	8 9AM Aerobics 9AM Woodworking 10AM Quilting 1PM Line Dancing	9 10AM All About Yarn 10AM Self Defense 1:30PM Prime Painters 2PM Yoga	10 9AM Aerobics 9AM Woodworking 10:30AM-4PM Ceramics	11
12	13 9AM Aerobics 8:30AM Woodworking 2PM Ikebana	14 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	15 8:30 Walking Group 9AM Aerobics 9AM Woodworking 10AM Quilting 1PM Line Dancing	16 10AM All About Yarn 10AM Self Defense 1:30PM Prime Painters 2PM Yoga	17 9AM Aerobics 9AM Woodworking 10:30-4 PM Ceramics LMNO 5PM-8PM	18
19	20 9AM Aerobics 8:30AM Woodworking 2PM Ikebana	21 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	22 8:30 Walking Group 9AM Aerobics 9AM Woodworking 10AM Quilting 1PM Line Dancing	23 10AM All About Yarn 10AM Self Defense 1:30PM Prime Painters 2PM Yoga 5:30PM-8PM GAME NIGHT	24 9AM Aerobics 9AM Woodworking 10:30-4 PM Ceramics	25
26	27 9AM Aerobics 8:30AM Woodworking 2PM Ikebana	28 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	29 8:30 Walking Group 9AM Aerobics 9AM Woodworking 10AM Quilting 1PM Line Dancing	30 10AM All About Yarn 10AM Self Defense 1:30PM Prime Painters 2PM Yoga	31 9AM Aerobics 9AM Woodworking 10:30-4 PM Ceramics	